

What to Bring! What to Wear!

- Packed, non-perishable lunch each day, with a cooler pack inside, clearly marked with camper's name. *IMPORTANT: We are promoting waste-free lunches at camp—please use re-useable containers and lunch boxes. Eliminate as much “potential garbage” as possible when packing your lunch. We will have a compost bin for any leftover fruit and vegetable scraps.*
- One refillable water bottle or container with the camper's name clearly marked. We will provide coolers with cold water everyday, but your child must provide the container that will be returned home at the end of each day.
- Light colored clothing is recommended to keep cool in the sun and to make tick-checking easier. *Remember to do a Tick Check every evening after camp!*
- Insect Repellent and Sunscreen, clearly marked with camper's name. *Please apply these to camper each morning and teach your child appropriate applications for use throughout the day (avoiding contact with eyes and washing hands after use). Counselors will remind campers to reapply and may assist camper in applying insect repellent or sunscreen, if needed. Campers may not share sunscreen or repellent with other campers.*
- Hats! We will be outdoors for the majority of the day and hats are necessary to avoid over-exposure to the sun and keep away pesky bugs.
- Comfortable walking shoes. Sneakers are best—no open-toed sandals, flip-flops, or shoes that slip off easily. Bare feet are never permitted anywhere on CBEC property, including in the water.
- Water shoes or old sneakers that can get wet *will be required several days during the week, so send campers with one pair for the week.*
- A change of clothing and a plastic bag for wet clothes *are strongly suggested.*
- Bathing suit and towel for wading in the water. We will NOT be swimming, but campers may choose to get as wet as they want.
- Rain Gear! Please monitor the weather forecast each day. Campers always need to be prepared to get wet. *In the event of severe weather (thunderstorms) during the day, camper activities will be moved inside. In the event that camp is cancelled due to weather issues, parents/guardians will be contacted or you may call the office at 410-827-6694 or Camp Director at 301-728-9162 for information.*
- If you need to reach campers or the Camp Director during the day, please call Katey at **301-728-9162**. Please record and keep this number with you in case of emergencies.