

AWARDS

AWARDS (Overall)

Individuals 1st, 2nd, 3rd, Male & Female
 Teams 2, 3 or 4 Person – 1st, 2nd, 3rd
 Male, Female, Co-ed

Age Groups 1st - Male, Female, Co-ed
 19 & Under, 20-29, 30-39,
 40-49, 50-59, 60 & Over

Co-ed Teams

2 Person = 1 Male + 1 Female
 3 Person = 1 Male = 2 Female (Co-ed)
 2 Male + 1 Female (Male)
 4 Person = 2 Male + 2 Female (Co-ed)
 3 Male + 1 Female (Male)

Team age groups determined by age averaging.

No Duplicate Awards.
All members of winning teams will receive awards.

DIRECTIONS

FROM NY/NJ: Take the New Jersey Turnpike (I-295) South to the Delaware Memorial Bridge. Follow signs for I-95 South (Baltimore). Take Exit 4A Route 1 South (Dover and Beaches). Take Exit 136 (Odessa & Middleton) onto Route 299 West (through town) to Route 301 South. Continue for 45 miles. Route 301 and Route 50 merge. Immediately take Exit 44A. Follow the brown and white signs to the entrance road. There will be additional parking and equipment drop-off signage.

FROM BALTIMORE: Take I-97 South (Annapolis) to Route 50 East. Go over the Bay Bridge. Continue on Route 50 to Exit 43B. Follow the brown and white signs to the entrance road. There will be additional parking and equipment drop-off signage.

FROM WASHINGTON DC: Take New York Avenue which turns into Route 50. Travel East towards Annapolis. Go over the Bay Bridge. Continue on Route 50 to 43B. Follow the brown and white signs to the entrance road. There will be additional parking and equipment drop-off signage.

FROM OCEAN CITY, MARYLAND AND POINTS EAST: Take Route 50 West. Route 301 and Route 50 merge. Immediately take Exit 44A. Follow the brown and white signs to the entrance road. There will be additional parking and equipment drop-off signage.

FROM PHILADELPHIA: Take I-95 South through Delaware to Route 896 toward Middletown. Route 896 will turn into Route 301 West to Bay Bridge. Take Exit 44A. Follow the brown and white signs to the entrance road. There will be additional parking and equipment drop-off signage.

FROM VA: Take Route 301 North or I-95/I-495 North (Baltimore) to Route 50 East (Annapolis). Go over the Bay Bridge. Continue on Route 50 to Exit 43B. Follow the brown and white signs to the entrance road. There will be additional parking and equipment drop-off signage.

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Chesapeake Bay Environmental Center

EDUCATION • RESEARCH • RESTORATION • CONSERVATION

ABOUT CBEC

CONSERVATION: The Wildfowl Trust of North America, Inc. was founded in 1979 with the intent to protect wetlands for waterfowl and all avian species. Its physical site, the 510 acre Chesapeake Bay Environmental Center (CBEC), continues the trusts' mission by restoring various habitats as well as acquiring new acreage for preservation.

RESTORATION: CBEC has over 120 volunteers who have donated over 10,000 hours per year since 2004 towards bay restoration. To date, CBEC volunteers have planted 7 million oysters, reestablished over 100,000 marsh grasses and created 4 artificial reef areas to rejuvenate fish populations.

EDUCATION: One of the missions of CBEC is to inspire stewardship through a "hands-on, feet-wet" approach to learning. In 2007, over 12,000 students attended environmental science programs at CBEC.

RESEARCH: CBEC is an invaluable resource for conducting research because of its mid-bay location where conditions are highly variable. In 2004, CBEC established a small aquaculture facility in order to identify methods needed for large-scale, bay grass restoration.

Parking: Event day parking is located at or near CBEC. Upon arrival, follow Eco-Triathlon Athlete and Spectator Parking signs and volunteer parking attendants' instructions.

About Final Instructions: All athletes will receive a Final Instruction packet which indicates your acceptance into the Eco-Triathlon and provides additional detailed information regarding event day. The packet will be mailed in early September.

Volunteers Needed: Anyone interested in volunteering may contact CBEC at 410-827-6694. Volunteers must be pre-registered.

Overnight Accommodations: Tuckahoe State Park located 20 minutes from CBEC, in Queen Anne, Maryland has campsite locations available. Call 1-888-432-2267 to reserve RV sites, tent sites and cabins. Hot showers and bathroom facilities are available.

Amenities: Spectator viewing areas are located at the start, finish & transition. Plenty of food and beverages will be available. Enjoy great music and a memorable awards program. Bring the kids and plenty of sunblock!

NO EVENT DAY REGISTRATION



CBEC
 PO Box 519
 600 Discovery Lane
 Grasonville, Maryland 21638

**2ND ANNUAL
 BIKE- KAYAK- RUN**



**Saturday
 September 20, 2008**

Grasonville, Maryland

Individuals – 2, 3 and
 4 Person Relay Teams

- Bike
- Kayak
- Run

"Fast Flat Muddy"!



**Chesapeake Bay
 Environmental Center**

EDUCATION • RESEARCH • RESTORATION • CONSERVATION

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